HEATHROW PRIMARY – A Triple A School.

Attitude Achievement Aspiration

At Heathrow Primary School, PSHE underpins our whole school philosophy to equip children with the tools to thrive in today's constantly changing society.

We use the SCARF (Safety, Caring, Achievement, Resilience, Friendship) Curriculum to teach PSHE across the school. SCARF is part of Coram Life Education. The framework will provide children with a comprehensive PSHE and Wellbeing programme throughout their primary years at Heathrow Primary School. SCARF is a whole-school approach to promoting behaviour, safety, achievement and wellbeing.

Our PSHE is delivered through creative, hands-on learning activities that engage and inspire the children. Our curriculum enables our children to become healthy, independent and responsible citizens.

Topics within SCARF include: Me and my Relationships, Valuing Difference, Keeping Myself Safe, Rights and Responsibilities, Being my Best and Growing and Changing.

Over the Autumn term, all the children will focus on Me and my Relationships and Valuing Difference. We feel that as parents you should be aware of the learning outcomes being covered each term so that if your children ask you questions you know where they have arisen from. Here are the learning outcomes that Year 1 will be covering this term:

SCARF Lesson Plan title & **half-termly unit**	SCARF Lesson Plan Learning Outcomes
Me and My Relationships	
Why we have classroom rules	•Understand that classroom rules help everyone to learn and be safe; •Explain their classroom rules and be able to contribute to making these.
Thinking about feelings	•Recognise how others might be feeling by reading body language/facial expressions; •Understand and explain how our emotions can give a physical reaction in our body (e.g. butterflies in the tummy etc.)
Feelings and bodies	•Recognise that people's bodies and feelings can be hurt; •Suggest ways of dealing with different kinds of hurt.
Our special people balloons	•Recognise that they belong to various groups and communities such as their family; •Explain how these people help us and we can also help them to help us.
Good friends	•Identify simple qualities of friendship; •Suggest simple strategies for making up.
How are you listening?	•Demonstrate attentive listening skills; •Suggest simple strategies for resolving conflict situations; •Give and receive positive feedback, and experience how this makes them feel.
Valuing Difference	
Same or different?	•Identify the differences and similarities between people; •Empathise with those who are different from them; •Begin to appreciate the positive aspects of these differences.
Unkind, tease or bully?	•Explain the difference between unkindness, teasing and bullying; •Understand that bullying is usually quite rare.
Who are our special people?	•Identify some of the people who are special to them; •Recognise and name some of the qualities that make a person special to them.
It's not fair!	•Recognise and explain what is fair and unfair, kind and unkind; •Suggest ways they can show kindness to others.